

NZOIA™ WWNZ River Rescue Level 1

Scope and Syllabus

Scope

River Rescue Level 1 Profile

The NZOIA / WWNZ River Rescue Level 1 holder will have been trained in the following skills in Class 2 white-water:

- River hydrology
- Communications
- River running strategies
- Equipment selection
- Self rescue
- Bank based rescue
- Boat based rescue
- Swimmer based rescue

This certificate is part of a pathway for recreational and professional paddlers to better enable them to safely paddle with their peers, when leading a group, or when providing an instructional or guided experience. This certificate does not define the ability to lead or instruct.

River Rescue Level 1 is a pre-requisite for participation in the NZOIA Kayak Instructor Level 1 and NZOIA Canoe Instructor Level 1 assessments.

Pre-requisites

To enable meaningful learning in all aspects of the syllabus it is required that participants have the following kayaking experience:

- No less than 10 river trips on Class 2 white-water, and sufficient experience to paddle independently without the close supervision of peers or an instructor
- Reliable roll in Class 2 white-water (kayakers only)

Revalidation

The NZOIA / WWNZ River Rescue 1 certificate holder is recommended to attend a River Rescue Level 1 course every three years.

Progressing to River Rescue Level 2

As the NZOIA / WWNZ River Rescue Level 1 certificate holder gains more experience, they can progress to gaining the Level 2 certificate. The steps they can follow include:

- Gaining the experience outlined in the NZOIA / WWNZ River Rescue Level 2 pre-requisites
- Attending a skills training course

SYLLABUS

Technical Skills

1. Self, boat and bank based rescues
2. Selection and correct use of gear and safety equipment commonly used for river running in New Zealand
3. Knowledge of common river hazards
4. Controlled river running

Rescue Management

5. Working within a team to deal with a rescue scenario
6. Organise and lead a group to deal with a rescue scenario